

GYM K1 FIT, C. Gramil 1, Polígono P-29, 28400, Collado Villalba, Madrid.

Hora	Lunes	Martes	Miércoles	Jueves	Viernes	Sábado
09:00 - 13:00	Fitness	Fitness	Fitness	Fitness	Fitness	--
11:00 - 12:30	Muay Thai Kick Boxing K1 Boxeo Full Contact Light Contact	Muay Thai Kick Boxing K1 Boxeo Full Contact Light Contact	Muay Thai Kick Boxing K1 Boxeo Full Contact Light Contact	Muay Thai Kick Boxing K1 Boxeo Full Contact Light Contact	Muay Thai Kick Boxing K1 Boxeo Full Contact Light Contact	Muay Thai Kick Boxing K1 Boxeo Full Contact Light Contact
17:30 - 18:30	--	MMA	--	MMA	--	--
17:30 - 19:00	--	Tai Chi	--	Tai Chi	--	--
17:30 - 20:00	Muay Thai Kick Boxing K1 Boxeo Full Contact Light Contact	Muay Thai Kick Boxing K1 Boxeo Full Contact Light Contact	Muay Thai Kick Boxing K1 Boxeo Full Contact Light Contact	Muay Thai Kick Boxing K1 Boxeo Full Contact Light Contact	--	--
17:30 - 20:30	Fitness	Fitness	Fitness	Fitness	Fitness	--
19:00 - 20:00	Judo	Capoeira Wushu / Kung Fu	Judo	Capoeira Wushu / Kung Fu	--	--
20:00 - 21:00	Jiu Jitsu	Jiu Jitsu	Jiu Jitsu	Jiu Jitsu	--	--
20:30 - 21:30	--	Krav Maga Ninjutsu	--	Krav Maga Ninjutsu	--	--
21:00 - 22:00	--	Karate	--	Karate	--	--